



Are you living by the 4-H motto? To MAKE THE BEST BETTER.

Fill in each box below and think about who you surround yourself with day to day. Try to spend time with positive people who will lift you up and not tear you down.

LIST 3 PEOPLE YOU TRUST:

- 1.
- 2.
- 3.

LIST 3 PEOPLE WHO ARE YOUR FRIENDS:

- 1.
- 2.
- 3.

LIST 3 PEOPLE YOU ADMIRE:

- 1.
- 2.
- 3.

LIST 3 PEOPLE YOU CAN ASK ADVICE:

- 1.
- 2.
- 3.

LIST 3 PEOPLE YOU LOVE:

- 1.
- 2.
- 3.

LIST 3 PEOPLE YOU SHARE INTEREST WITH:

- 1.
- 2.
- 3.

LIST 3 PEOPLE WHO WOULD HELP YOU IN A CRISIS:

- 1.
- 2.
- 3.

LIST 3 PEOPLE YOU CAN LAUGH AND JOKE WITH:

- 1.
- 2.
- 3.